

## Swim Wales National Championships 2026 - 02/04/2026 to 05/04/2026

## Results

## Event 230 Women 12-13 4x200 LC Meter Freestyle Relay

Team	Relay		Finals Time	
1 Co Cardiff	A		9:47.31	
1) Matthews, Catrin 13	2) Van Zyl, Giada 12			
3) Britton, Nahla 13	4) Ryan, Ellie 13			
33.14	1:09.85	1:47.20	2:23.82	
34.19	1:13.81	1:55.09	2:32.52	
34.34	1:12.94	1:52.22	2:30.18	
32.10	1:08.10	1:45.56	2:20.79	
2 Pembs Cty	A		10:15.49	
1) Davies, Elizabeth 13	2) Hawkins, Lottie 13			
3) Mason, Ezmee 13	4) Lewis, Evie 13			
33.85	1:10.78	1:48.53	2:25.65	
35.96	1:16.74	1:57.11	2:35.83	
36.62	1:16.13	1:58.05	2:40.90	
34.04	1:13.53	1:53.83	2:33.11	
3 Neath	A		10:19.76	
1) Morris, Blair 13	2) Launder, Beatrix 13			
3) Coles, Aria 13	4) Wood, Lilly 13			
35.41	1:14.68	1:55.42	2:33.51	
34.48	1:12.68	1:53.77	2:34.39	
35.55	1:15.90	3:13.28	2:38.79	
1:55.03	1:13.99	2:33.07		
4 Wrexham	A		10:26.38	
1) Morgado, Carolina 12	2) Upton, Lily 13			
3) Elson, Jessica 12	4) O'hara, Noelle 13			
35.31	1:14.43	1:54.87	2:34.31	
34.86	1:14.11	1:55.74	2:36.77	
36.94	1:21.67	2:08.80	2:52.30	
30.15	1:05.95	1:44.52	2:23.00	